



Cowbit
Peak Hill
Weston
Weston Hills

**WHAT'S ON
IN THE AREA**



Jun/July 2015

This edition was sponsored by



Party in the
Park



Elloe Oracle



Community Contacts

| | |
|--|---|
| Cowbit Village Hall | 01406 380774 Darren Harper , bookings@cowbitvillage.co.uk |
| Weston Village Hall | 07745 577517 Joy Green |
| Weston Hills Village Hall | 01406 380717 Marilyn Surman |
| Cowbit Parish Council | Stacy Batterham sbtheclerk@yahoo.com |
| Weston Parish Council | 01406 370846 Susan Wilson Sawclerk@aol.com |
| Police | 07944 776822 Bev Robinson |
| Police (non urgent) | 101 |
| Weston Shop and PO | 01406 370744 Open Mon—Sat 7am to 7.30pm ,Sun 8am-2pm |
| Moulton Medical Centre | 01406 370265 8am—6pm |
| Citizens Advice Bureau | 01775 717444 www.shcab.org.uk |
| Registration of Births, Deaths, Marriages | 01522 782244 Mon—Fri 8am to 6pm, Sat 9am to 4pm, For booking appointments at Spalding, Long Sutton, Boston, Bourne or Stamford. |
| Pilgrim Hospital | 01205 364801 |
| Johnson Hospital | 01775 652000 |
| Peterborough City Hospital | 01733 678000 |
| NHS Direct | 111 |
| Volunteer Car Service | 01775 719290 Mrs Pat Preston |
| Weston Hills Church | Vicar-Charles Brown , 01733 211763 , izink@tiscali.co.uk Sally Wilson ,01775 760352 , sally.wilson56@live.co.uk Churchwardens - Paul Bellamy , 01775 724929 - Christine Woolsey , 01775 769345 |
| Weston Church | Vicar –Revd Mike Chesher, 01775 712502, m.chesher559@btinternet.com |
| Cowbit Church | Vicar –Charles Brown, 01733 211763 , izink@tiscali.co.uk Churchwardens –Dinah Fairbanks ,01406 380692 -Pauline Start , 01406 380599 |
| Methodist Church | Rev Alan Barker , 01406 423270, Holbeachmethodists@hotmail.co.uk |



Welcome to The Elloe Oracle Magazine

Dear Friends and Neighbours

I hope that you enjoy our latest offering of the
Elloe Oracle.

We welcome your feedback via email or
on our facebook page.

You can submit an article, event or an advert by
contacting me at

grumpygrower@outlook.com.



We have a team of volunteers who deliver the magazine to over 1500 households, but we are struggling in Weston and would welcome anyone who could assist in delivering to their street - **if you have a few hours to spare and would like to join this team then please contact us.**

Janet



Magazine distributors

needed for Weston.

Can you deliver on your road?
Would someone like to organise
the distribution in Weston?

Contact **Paul Winn**
01406 373662

Check out
what's new in this
edition!



Who is my councillor? -Page 7

Family Days Out -Page 11

Cowbit Church Trail -Page 19

Around the Villages -Page 22

Coffee break puzzle -Page 23

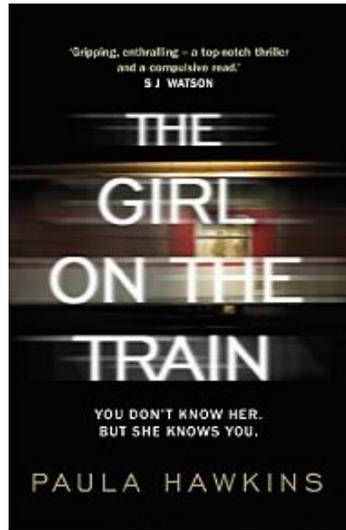
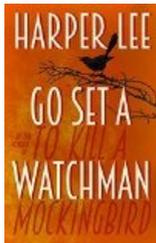
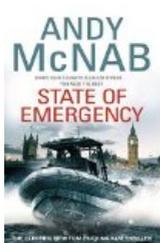
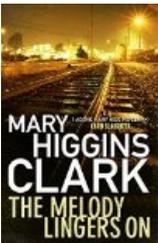
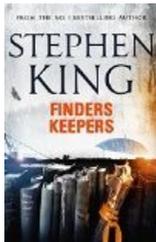
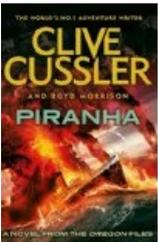
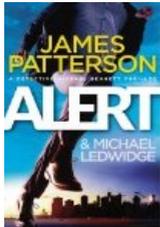
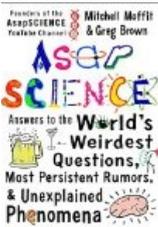
New advertisers—Spalding Cycling Club,
Doodles Pottery -Page 27, Bakkavor Party
in the Park -Page 28

Copy deadline for next edition

Friday 17th July

Book Club

New releases for Jun/Jul 2015



‘Gripping, enthralling - a top-notch thriller and a compulsive read!’

Rachel catches the same commuter train every morning. She knows it will wait at the same signal each time, overlooking a row of back gardens. She’s even started to feel like she knows the people who live in one of the houses. ‘Jess and Jason’, she calls them. Their life – as she sees it – is perfect. If only Rachel could be that happy.

And then she sees something shocking. It’s only a minute until the train moves on, but it’s enough. Now everything’s changed. Now Rachel has a chance to become a part of the lives she’s only watched from afar.

Now they’ll see; she’s much more than just the girl on the train...

discover libraries
information learning & entertainment





Summer Pudding

Ingredients

- 350g blackberries
- 350g blackcurrants
- 350g redcurrants
- 150g blueberries
- 350g caster sugar
- 225g raspberries
- 8 slices thin sliced bread, crusts removed
- Pouring cream to serve
- 1.1litre soufflé dish or straight sided dish 15cm x 8cm

Method

- Measure all fruit except the raspberries into a pan with a tablespoon of water. Add the sugar and bring to the boil, then simmer gently until the fruit is just tender. Cool a little, then add the raspberries.
- Cut the bread into shapes to fit the base and sides of the dish to about 5cm up the side. Dip the bread into the juice first then line the dish, putting the fruit soaked side nearest the dish. Fill the dish just under half-full with some of the fruit, then put a layer of bread over the fruit. Add more fruit on top and finally the last slices of bread, spooning a little of the juice over the bread at the top. You should have about 200ml of fruit left over to serve with the pudding. Put a small plate on top, press down lightly, then cover with cling film and refrigerate overnight.
- Turn out into a shallow dish, a little larger than the summer pudding so that the juices are caught. Serve with extra fruit and cream.

If you have a favourite recipe you would like to share on this page contact
grumpygrower@outlook.com

Comfort
Food

South Holland District Council

South Holland District Council

IT'S FINALLY OVER!

For three months your three District Councillors have been pounding the streets, leaflet dropping, door knocking, attending photo shoots, and doing numerous things to promote ourselves and ask our electorate to vote us back in.

On Thursday 7th May it was a very long but a very enjoyable day. Our MP Mr John Hayes was re-elected as your member of parliament and the Conservatives were able to form a government without the support of any other party.

On Friday 8th May Anthony Casson, Rodney Grocock and Andrew Woolf were re-elected as your District Councillors for another 4 year term for the Weston Moulton and Cowbit ward. The three of us would like to take this opportunity to thank everybody who voted for us for their kind support and **ALL** electorate can be assured that they will receive our full support over the next four years.

Again many thanks

Kind Regards

Cllr A. Casson Cllr R. Grocock Cllr A. Woolf



Member of Parliament for South Holland and The Deepings:

John Hayes

House of Commons

Westminster

London

SW1A 0AA

Tel: 0207 219 3000 (switchboard)

Constituency Office

Office 1

Broad Street Business Centre

10 Broad Street

Spalding

PE11 1TB

Tel: 01775 711534

Should you have any issues, please feel free to

contact your councilors on:

Andrew Woolf

01406 373008, 07868 701659,

awoolf@sholland.gov.uk

Anthony Casson

01775 723965, 07889 811845,

acasson@sholland.gov.uk

Rodney Grocock

01775 713989,

RGrocock@sholland.gov.uk

Elections – Thank You

Thank you to all of you who helped, encouraged, supported and voted for me in the recent District Council elections for which I am grateful despite not having been successful.

I will continue to work with you all in the community.

Thank you,

Jim Scarsbrook (*Independent Candidate*)

John Hayes MP

holds surgeries at various locations within his constituency and if you would like further details or to book an appointment please feel free to contact the Constituency Office on

01775 711534.

PARISH COUNCIL ELECTIONS - Who is my councillor?

ELECTIONS
 **2015**

RESULTS FOR THE VILLAGES

Cowbit

| Name of Candidate | Home Address |
|-------------------------|--|
| BACK Andrew John | 144 Barrier Bank, Cowbit, Spalding, Lincs, PE12 6AL |
| KENDALL Keith Alfred | Amber Lodge, 15 The Pastures, Cowbit, Spalding, Lincolnshire, PE12 6FL |
| SHARMAN Harold | Stamford House Farm, 24 Peak Hill, Cowbit, Spalding, Lincs, PE12 6AW |
| SIMPSON Peter Alan | The Old Station, 4 Backgate, Cowbit, Spalding, Lincs, PE12 6AP |
| TYRRELL Trevor John | Fen View Lodge, 60 Backgate, Cowbit, Spalding, Lincs, PE12 6AP |

Weston Hills

| Name of Candidate | Home Address |
|------------------------|--|
| CASSON Anthony | 7 Cassons Close, Weston Hills, Spalding, Lincs, PE12 6DX |
| FARNSWORTH Dennis | 345 Broadgate, Weston Hills, Spalding, Lincolnshire, PE12 6DB |
| JEX Dennis | 69 Cornfields, Holbeach, Spalding, Lincs, PE12 7QN |
| PRATT Richard Kevin | 300 Broadgate, Weston Hills, Spalding, Lincolnshire, PE12 6DA |

Weston

| Name of Candidate | Home Address |
|---------------------------|---|
| BELLAMY Julian Anthony | 108 Delgate Bank, Weston, Spalding, Lincs, PE12 6JB |
| PENNINGTON Ian Fred | Welland House Farm, Spalding Marsh, Spalding, Lincs, PE12 6HF |
| SMITH Mike | Saffron Lodge, 53 Broadgate, Weston, Spalding, Lincolnshire, PE12 6HY |

WESTON PARISH COUNCIL

The annual litter pick took place as planned on the 18th April and - once again - an enormous amount of litter and fly-tipping was removed from the roadsides and dykes around the Parish. Sincere thanks go to the Parish Councillors, and especially the members of the public, who turned out and gave their time to tidy up the villages and playing fields of Weston and Weston Hills.

The Parish Council's accounts for the year to 31st March 2015 have been satisfactorily audited and will be signed off at the May meeting. In line with most Parish Councils within the South Holland area there was no election held in Weston or Weston Hills on 7th May as only 7 people put their names forward for the 10 seats. Fortunately sufficient people have come forward since the election to express their willingness to be co-opted thus ensuring there will be a full complement of Councillors in place.

PLEASE NOTE :- There will be no Parish Council Meeting in June. The next Parish Council meeting will take place on Monday 6th July at Weston. As always there will be a 15 minute Open Forum at the start of the meeting for any member of the public to have their say regarding matters which affect them.

Weston Community News



CACTUS SOCIETY

The Spalding Cactus Society meet on a Friday each month at 7 for 7-30 pm start at Weston Village Hall, Small Drove, PE12 6HU (Near Baytree Garden Centre)

On FRIDAY 19 JUNE Speaker Chris Davies will be telling us about his

second trip to Mexico, to the west central states of Chihuahua to Morelos and the cacti that grow there including the many Mammillarias.

ON FRIDAY 17 JULY Speaker John Arnold will be presenting his talk about his travels to South America and the Opuntias growing naturally there. A chance to share John's experiences in habitat with these interesting plants, which are gaining in popularity once more.

There will be plants for sale, a raffle and refreshments. Just turn up. We'll be pleased to see you.

£1-50 entrance fee.

<http://www.spalding.bcss.org.uk/>

WESTON VILLAGE HALL

The Village Hall committee are actively seeking local people to join the committee. Your ideas, or a small amount of your time would make all the difference. We are modernizing and building a new team to keep the Hall running smoothly for Weston. If you are able to be a part of this, you are welcome to the next meeting at the Hall, Small Drove, Weston. On Monday 1st June at 8pm. Alternatively phone the secretary on

07745 577517

Magazine distributors

needed for Weston.

Can you deliver on your road? Would someone like to organise the distribution in Weston? Contact

Paul Winn 01406 373662

Community Fayre

**Saturday 13th June,
2-4pm**

Weston St Mary
Primary School.

Bouncy castle ,Refreshments

Stalls selling a wide variety of items, both for children and adults,

Information stands from local groups and organisations.

This event is open to everyone living in the area. Come along, have some fun and find out more about what's going on in the village and at the school.

**For more information, contact
Heather Beeken on 07792 884512**

Weston Village Hall

Booking Line 07745 577517

Short Mat Bowls

Sun & Tues 7-9pm

Eileen Richardson :01406 370181

Yoga

Mon 10-11:30am

Vivienne Scupham : 01775 713140

Aikido

Mon & Fri 8-10pm

Steve Miller : 07986 363663

Belly Dancing Shimmera

Wed 6:45-8pm

Dani Dalley : 01775 640705

Water Colour Painting

Thurs 10-12 noon

Graham Timbrell : 01775 750389

Line Dancing

Thurs 7:15-9:30pm

Marion Bloye : 01406 350732

Social Dance

Sat 11th July 7pm

Brian Utting : 01733 210655



Weston Village Hall Dance

Saturday 11th July

PLEASE NOTE DOORS OPEN AT 7:00PM

FOR 7:30PM UNTIL 11:30PM

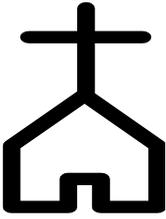
ADMISSION IS £5

INCLUDES TEA, COFFEE, BISCUITS AND A FREE RAFFLE TICKET. (RAFFLE DONATION WOULD BE APPRECIATED) PLEASE BRING

YOUR OWN SOFT DRINKS.

**Contact BRIAN UTTING 01733 210655 /
07979987180**

**To include items in this magazine please contact Janet
01775 724929 or email grumpygrower@outlook.com**



Church Services

| Weston St. Mary's Church | | | |
|-----------------------------|-------|----------------|-------------------|
| Date | Time | Service | |
| 7 Jun | 11:00 | Morning Prayer | St Mary's Church |
| 14 Jun | 11:00 | Holy Communion | St Mary's Church |
| 21 Jun | 11:00 | Holy Communion | St Mary's Church |
| 28 Jun | 11:00 | Holy Communion | St Mary's Church |
| 5 July | 11:00 | Morning Prayer | St Mary's Church |
| 12 July | 11:00 | Holy Communion | St Mary's Church |
| 19 July | 11:00 | Holy Communion | St Mary's Church |
| 26 July | 11:00 | Holy Communion | St. Mary's Church |

Loads Money!

The other day I was talking to a young man who was a bit of a petrol head , who fancies being a rally driver but cannot afford it. He asked me why couldn't the church perhaps sponsor him, his response being that the church has loads of money. Something that most people seem to think is true.

The church has a lot of assets which produce an income, but this income is not enough to finance the organisation. Well sell some assets then; income would thus be reduced which would require the sale of more assets the logic of that being there would eventually be no assets and no income.

Weston Church has a small congregation which is expected to pay for all the running costs. Annual insurance of the building £3 000, maintenance of churchyard over £1000 , (a grant from Weston Parish Council helps with churchyard costs). Heating, lighting and general repairs have all to be paid for. A contribution towards the vicar's Stipend (salary) has to be found. The congregation has in fact to try and find around £10,000 per year to pay its way. Weston Churchyard is also the burial ground for Weston Hills folk.

There are not many organisations where people expect to receive a service and not pay for it. This expenditure is something all churches have to find, Weston, Weston Hills and Cowbit all have to find the funds from somewhere. If someone complains about the state of the churchyards or some other feature of our churches , remember the cost of most of these things comes out of fundraising and the congregations pockets.

Paul Winn

St Mary's , Weston

Many thanks to all those who arranged the flowers or helped in any other way.

The church looked beautiful, and a credit to all concerned. The number of visitors was rather less than we would have liked.



DIOCESE OF LINCOLN
faithful · confident · joyful

Spalding East Rural Neighbourhood Policing Team Area Update



You can follow your
Neighbourhood Policing
Team on Twitter

@SpaldingPolice

PCSO 2131
Bev Robinson
Police Community Support Officer
Mob. 07944776822



Lincolnshire
Police
Non
Emergency
Number

101

ActionFraud
National Fraud & Cyber Crime Reporting Centre
0300 123 2040

Beware of Summertime Crime - Holiday Checklist

Take a look at this before you go away.

Leave small valuable items, like jewellery, on deposit at the bank, or consider installing a small floor safe. Don't lock internal doors or desks - they may be forced if someone does break in.

Arrange for pets to be properly looked after.

Mark any valuables with your postcode followed by a house number or the first two letters of the house name.

Ask your local crime Prevention Officer for 'post coded property' warning stickers to display in the front and back windows of your house. Also take photographs of all valuable items. This is important for those which may be unsuitable for marking.

Cancel deliveries of milk, newspapers etc, discreetly - don't announce your departure to a shop full of people. Only tell people who need to know you're going away.

Cut the lawns before you go.

Make sure your house looks occupied. Closed curtains in the daytime makes it look as if no one is at home - ask a trusted neighbour to collect post, open and close curtains.

Don't leave valuable items like televisions, videos or hi-fi visible through windows.

It is worthwhile to get automatic time switches to switch lights and a radio on and off in downstairs rooms.

Lock the garage and shed with proper security locks, after putting all your tools safely away so they cannot be used to break into your house.

If you have to leave a ladder out, put it on its side and lock it to a secure fixture with a 'close-shackle' padlock and heavy-duty chain.

Don't have your home address showing on your luggage for the outward journey. Put this only on the inside of your cases.

Lock all outside doors and windows. If you have a burglar alarm, make sure it is set - and that you have told the police who the key-holder is.

Policing Community Panel

meeting is on the 1st June

at Moulton Chapel Village Hall, Woodgate Road. At 7pm

Your Neighbourhood Policing Team is based at:
Spalding Police Station, Westlode Street, Spalding, Lincolnshire PE112AF



Moulton Windmill

Britain's Tallest
Open

Thur – Sun
10am – 4pm

Tearoom,
Mill Shop,
Guided Tours

www.moultonwindmill.co.uk



England's
Greatest
Elizabethan
House

Open daily
11am – 5pm

www.burghley.co.uk

If you are aged between 5-16 years and fancy trying something new, come and join Go-Ride.

Have fun and learn new bike handling skills.

For details of dates & times
www.spaldingcc.org.uk

Ayscoughfee Hall

Thu 30th July

Arts and Crafts Workshop

Join us for our ever-popular drop-in Arts and Crafts session, no need to book just turn up and have a go.

£2.50 per child 11.00am – 3.00pm

Pinchbeck Engine and Land Drainage Museum

West Marsh Road,
Pinchbeck, Spalding,
PE11 3UW
Open May-Aug
wed/thur/fri 10am-3pm

In Spalding, Lincolnshire or the Fens?
You must visit
Gordon Boswell's Romany Museum
- the Largest Public display of Romany Vardos and Romany History in the World

Open
Weds & Fri
10am – 2pm
PE11 1TX

Ayscoughfee Gardens

Sun 7th June City of Lincoln Band concert

2.00pm – 4.00pm on the South Lawn

Sun 21st June Holbeach Town Band concert

2.00pm – 4.00pm on the South Lawn

Sun 28th June Spalding Ukulele Orchestra concert

2.00pm – 4.00pm on the South Lawn

Sun 5th July Swineshead Silver Band concert

2.00pm – 4.00pm on the South Lawn

Sun 19th July Spalding Folk Band concert

2.00pm – 4.00pm on the South Lawn

Bring along those chairs and maybe a picnic too! Enjoy an afternoon of music in the beautiful surroundings of Ayscoughfee Gardens.

Doodles Pottery Painting

Pop in and paint at our studio in Spalding
or provide your own venue & we'll come to you

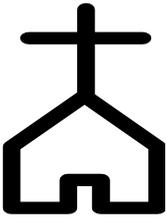
Call Anna 07940 449424 or Lucy 07907 921108

Email us mail@doodlecrafts.co.uk

Facebook www.facebook.com/doodlecraftsceramics

Visit us at Unique Cottage Studios
Fulney Lane, Spalding PE12 6FA

www.doodlecrafts.co.uk



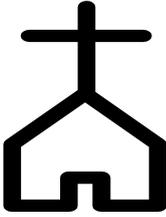
Church Services

**Cowbit
St. Mary's Church**

| Date | Time | Service | |
|---------|-------|----------------|------------------|
| 7 Jun | 09:15 | Morning Prayer | St Mary's Church |
| 14 Jun | 09:15 | Holy Communion | St Mary's Church |
| 21 Jun | 09:15 | Morning Prayer | St Mary's Church |
| 28 Jun | 09:15 | Holy Communion | St Mary's Church |
| 5 July | 09:15 | Morning Prayer | St Mary's Church |
| 12 July | 09:15 | Holy Communion | St Mary's Church |
| 19 July | 09:15 | Morning Prayer | St Mary's Church |
| 26 July | 09:15 | Holy Communion | St Mary's Church |

**Weston Hills
St John's Church**

| Date | Time | Service | |
|---------|-------|-----------------|---------------------------|
| 7 Jun | 09:15 | Holy Communion | St John's Church |
| 14 Jun | 09:15 | Messy Breakfast | Weston Hills Village Hall |
| 21 Jun | 09:15 | Holy Communion | St John's Church |
| 28 Jun | 09:15 | Morning Prayer | St John's Church |
| 5 July | 09:15 | Holy Communion | St John's Church |
| 12 July | 09:15 | Messy Breakfast | Weston Hills Village Hall |
| 19 July | 09:15 | Holy Communion | St John's Church |
| 26 July | 09:15 | Morning Prayer | St John's Church |



Ordinary Time

Dear Friends,

The Easter season, which this year officially lasted until 24 May, is over; and we are in what the Church calls ‘ordinary time.’ We tend to think of ‘ordinary’ as signifying something that is routine, and perhaps dull or even boring. But I would like you to consider whether the Christian life is one that can ever be dull or boring if we are truly in touch with Jesus Christ. Look at Jesus’ disciples: from what we learn about them in the Bible, they led rather exciting lives. Of course, you may say, they had Jesus there with them in the flesh. How could things be dull with Jesus around? But look what happened to them after Jesus sent his Spirit to strengthen and guide them: from being a sorrowing and fearful group in hiding they became a joyful and courageous band who went forth to proclaim openly by word and deed the Good News of Jesus. Led by that same Spirit we, Jesus’ followers today, are meant to do the same.

Being attuned to the Holy Spirit is the key thing. Through the Spirit Jesus draws us to be his followers; he chooses us, just as he chose those who became his first disciples. To stay aware of his Spirit working within and around us we need to make use of certain blessings God has given us: prayer, Holy Communion, and the support of Christian friends. To these I would also add the need to ‘count our blessings,’ to remember that all that we have and enjoy comes from God. I would also say that when our lives are not running smoothly, when we are experiencing a setback or when we are suffering, we need to remember that Jesus is with us, that in truth he is closer to us in our sorrows than at any other time. We need to remember that he will eventually lead us out of whatever pain we are suffering, that he always promises us new life. In fact, we may often look back at certain painful situations and see that the Spirit was at work in those situations to challenge us out of complacency and lead us to new and better things.

If we stop and reflect, I think we can see that the Holy Spirit engages us in a pretty extraordinary way. It’s extraordinary because when we see God, who is Father, Son, and Holy Spirit, at work in us and in the people and the world around us, we cannot help but be surprised, and even amazed. In my experience God never fails to surprise and amaze and upset our calculations, but he does so to lead us to better things. For this reason life with Jesus can never be ordinary. Yes, sometimes the level of the liquid in our glass may be going down; but as long as we trust in God our glass will never be empty: it will always, in the end, be topped up to overflowing. That is the extraordinary nature of this thing we call life with God.

Yours in Christ,

Charles Brown,
Priest, Weston Hills Parish



Weston Hills C of E Primary School
 School Office—01406 380309
www.westonhills.linc.sch.uk

We have

- 145 pupils on roll
- 80 girls and 65 boys
- 26 full and part-time members of staff

Our extra curricular activities this term include a Taiko, Football, Change4Life Club, Cricket, Sewing, Boccia, Reading, Tennis, Homework & Choir.

As the end of the academic year is nearly upon us, we can look back over the year with much to be proud of. We have had a "Good" Ofsted and "Outstanding" SIAMS report, and children have had some wonderful opportunities both in school and on visits and trips out.



The whole school will be going to the Kids Country Food & Farming Day at Peterborough at the beginning of July.

Children have been taking part in sporting events organised by Agilitas, including an



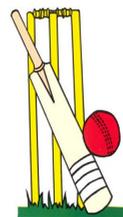
Athletics Event at Holbeach University Campus, Y3/4 Tennis Coaching &

Willow Class (Class 4) have had a trip to Burghley House taking part in a Victorian Workshop Day, and Elm Class (Class 5) will be taking part in a trip to Stibbington for an Evacuation Day.



BURGHLEY

Children in Year 6 attended the Church Schools Festival in Lincoln – this is always a fantastic day which is both educational and informative



Competition, Y5/6 Cricket Competition, Y3/4 Tri Golf & Y6 Girls Cricket Competition

The last two terms have been very busy, with Year 2 & 6 children having SATs, and Year 1 children having Phonics screening.

Summer

Fayre

Sat 11th July

2.30pm—5pm
All welcome

Our PTA have been busy again, organising Discos for both key stages, and organising our Summer Fayre.



To include items in this magazine please contact Janet 01775 724929 or email grumpygrower@outlook.com

| Variety | Grow in 25-30cm, (10-12") pot | Plant in Growbag | J | F | M | A | M | J | J | A | S | O | N | D |
|-------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Aubergine | 1 | 3 | | | █ | █ | | █ | █ | | ↔ | ↔ | | |
| Runner Beans | 4 | 8 | | | | █ | █ | █ | | ↔ | ↔ | | | |
| French Beans | 4 | 8 | | | | █ | █ | █ | | ↔ | ↔ | | | |
| Beetroot | Sow direct and thin to 2.5cm (1") apart | Sow direct and thin to 2.5cm (1") apart | | | █ | █ | █ | █ | | ↔ | ↔ | | | |
| Carrot | Sow direct and thin to 5-7cm (2-3") apart | (suitable for shallow rooting globe types only) | | | █ | █ | █ | █ | | ↔ | ↔ | | | |
| Courgette | 1 | 2 | | | | █ | █ | | ↔ | ↔ | | | | |
| Marrow (Squash) | 1 | 2 | | | | █ | █ | | ↔ | ↔ | | | | |
| Leek (for salads) | Sow direct and thin to about 2cm (¾") apart | | | | | █ | █ | | ↔ | ↔ | | | | |
| Lettuce | Sow direct and thin out | 15-20cm (6-8") apart | | | | █ | █ | | ↔ | ↔ | | | | |
| Parsnip | Sow direct and thin to 5cm (2") apart | | | | █ | █ | █ | | ↔ | ↔ | | | | |
| Peppers | 1 | 3 | | | | █ | █ | | ↔ | ↔ | | | | |
| Potatoes | 1 or 2 | | | | | █ | █ | | ↔ | ↔ | | | | |
| Leaf Beet (Chard) | 8 | | | | | █ | █ | | ↔ | ↔ | | | | |
| Leaf Salad | Sow direct finely - no need to thin | Sow direct finely - no need to thin | | | | █ | █ | █ | █ | ↔ | ↔ | ↔ | | |
| Salad Onions | Sow direct finely - no need to thin | Sow direct finely - no need to thin | | | | █ | █ | | ↔ | ↔ | | | | |
| Strawberries | 3 | 30cm (12") apart | | | | █ | █ | | ↔ | ↔ | | | | |
| Tomatoes | 1 | 3 | | | | █ | █ | | ↔ | ↔ | | | | |
| Turnips | Sow direct and thin to 2.5cm (1") apart | Sow direct and thin to 2.5cm (1") apart | | | | █ | █ | | ↔ | ↔ | | | | |

TREE, HEDGE & GARDEN SERVICES

- ALL TYPES OF GARDEN MAINTENANCE
- GRASS CUTTING & LAWN CARE
- BEDS, BORDERS & WEED CONTROL
- ROTOVATING, TURFING & SEEDING
- TREE SURGERY & CONIFER WORK
- FELLING, PRUNING & SHAPING
- HEDGE CUTTING & SHRUB TRIMMING
- GARDEN CLEARANCE & RUBBISH REMOVAL
- DRIVEWAYS, PATIOS & FENCING

ALL WORK
GUARANTEED

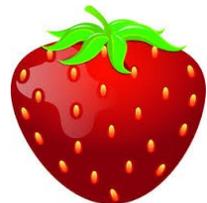
FULLY
INSURED

JOHN HOLLAND

01775 720558

50 LITTLE LONDON
SPALDING PE11 2UE

Protect any developing fruits from birds and squirrels by placing netting around your plants.



WATER



Water your **containers and baskets** well in hot weather. Start to feed them with a balanced liquid fertiliser every 2 to 4 weeks.

GROW YOUR OWN



Protect crops from **carrot fly** by covering with horticultural fleece

Tomato Growing Timeline

Rough guide for outdoor and unheated greenhouse growing in the UK.

| Sow Indoors | Plant in Final Position | Pick Tomatoes |
|-------------|-------------------------|-----------------|
| March/April | End of May/June | July to October |



Butters

Factory Shop

Bedding plants ,veg plants
& perennials

COMPOST AND CHEMICALS

Lots of indoor and outdoor pots
GARDEN benches,pot caddies, plant stands

Come along and have a look

It is open throughout the year to the public at the following times.

Monday – Friday 9am – 5pm

Saturday 9am – 12.30pm

Sunday 10am – 1.00pm.



Kellett Gate, Spalding, Lincolnshire, PE12 6EH

Stake tall or floppy
perennial plants to
prevent wind
damage



Thin out hardy
annuals
if they're
overcrowded

Feed your lawn with a
special lawn fertiliser to
encourage healthy green
growth

Cowbit Parish Council

Cowbit Parish Council has appointed **Stacy Batterham** at its new Clerk, replacing Tracy Horsley who has had to stand down due to other commitments. All five existing Parish Councillors - **Trevor Tyrell, Keith Kendall, Harold Sharman, Andrew Back and Peter Simpson** – have been re-elected unopposed. Stacy's email address is sbtheclerk@yahoo.com



The Race Night held at Cowbit Village Hall on March 21 was a massive success, raising over £1300. This was split 50/50 between the Village Hall and Church Clock appeal. Just as important as the money raised though was the fact that everyone had a great time, and many people commented that they would like to see more of this sort of thing in the village. The Village Hall Committee wish to thank everyone who helped out and/or who supported this event. A second Race Night has also been booked for Saturday November 28. Further details in due course....

Upgrades to the village hall facilities are continuing to come. A formal lotto grant application has now been submitted for money to replace the outdated heating and lighting systems with an answer expected by the end of June. Bookings remain strong – in fact it's sometimes difficult for the Village Hall Committee to find an evening in which it can hold its meetings. At the AGM in April Darren Harper was re-elected Chairman, Peter Simpson vice-chairman and Chris Elliott Treasurer; however the committee is still in need of a Secretary. This is not a massively time-consuming or difficult role; basically it involves taking minutes at meetings and ensuring these, and meeting agendas are circulated prior to meetings. If you are interested, or want to know a bit more about this useful role within our community, call Darren Harper on 01406 380774. Darren also deals with hall bookings – although weekday evenings are getting busier there are still some 'gaps', and there is also good availability at weekends.

Parish Council Meetings

Cowbit Village Hall
7.30pm
**Mon 8th June ,
Mon 20th July**

PCSO 2131
Bev Robinson
*Police Community
Support Officer*
Mob. 07944776822

Cowbit's
Outreach
Post Office



continues
to operate in the
Village Hall
On Tuesdays
from 2pm-4pm
Thursdays
from 11am-1pm.

Cowbit Community News



EDUCATION AND
CONSERVATION

Cowbit Church Launch Church History Trail

By the time you read this article we will hopefully have had a successful launch of the Cowbit St Mary church trail on the 22nd May 2015. We certainly had an extremely pleasant evening on the 11th May testing the trail together with the Cowbit Brownies, Rainbows and helpers. All agreed that it made the church come alive.

The trail is sponsored by The National Association of Decorative & Fine Arts Societies (NADFAS) and the Stamford Decorative & Fine Arts Society (STADFAS). We were particularly pleased to welcome representatives from these organisations to the test and launch of the trail. The church is always open; so please come along and try the trail out. It is designed for 8 -12 year olds with accompanying adults, but will be equally enjoyable for all ages. It provides an opportunity to appreciate the beauty of our attractive Grade I listed church, while learning the stories behind the architectural features and the furnishings of this historic building.



STADFAS
Stamford Decorative
& Fine Arts Society



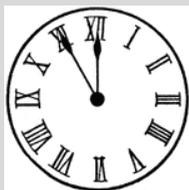
Following the well attended launch of the Cowbit Clock Project on the 11th April 2015; we now have the clock working again. We plan more clock-related events over the coming months, including the commemoration day in the autumn. Everyone is welcome to all our events.

For more information contact:

Shirley Pugh (01406 380562),

shirley.pugh@spmj.co.uk

Mary Haresign (01406 380795)



* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *
* * * * *

**Cowbit St. Mary
Flower Festival.**
25th-27th. Sept. 2015

The theme of the festival is
'Farming and Harvesting thro' the years'.
If anyone has any small item or
items of old farm equipment that we
might use in our displays, please
contact,
Mary 01406 380795
Helen 01406 380366
Jenny 01406 380397
Val 01406 380756

The Flower Festival is a new venture for our church,
and we would welcome whatever help anyone is
able to offer.

Cowbit Community News



Village Hall **Bingo** continues to take place in the hall on the **second**

Friday of every month; doors open 7.00pm, Eyes Down 7.30. There are

now more prizes to be won as we have moved from 1 line full house to 1 line, two lines and full house for every game. It's also still only £3 a book and £1 for the cash bingo; plus a fun night out. Following on from this success, two further village social events are being organised. Firstly, a late Summer event will be taking place on the playing field on Saturday September 5. This is still in the planning stage, though it is probably going to be similar to the Jubilee event, albeit on a smaller scale.



South Holland voluntary car scheme

This scheme, partially funded by the parish council provides low cost transport for residents to attend medically related appointments.

To book a journey please call

Greg Green

01775 630144

Mobile Library

Barrier Bank

Thurs 4th Jun 11:15 –11:45

Thurs 2nd July 11:15 –11:45

Milfoil Lane

Thurs 4th Jun 12:00 –12:30

Thurs 2nd July 12:00 –12:30

To include items on this page

please contact **Darren**

01406 380774 or email

daz1.harper@sky.com

COWBIT VILLAGE HALL

Brownies for girls aged 7-10 Mon 6-7.15pm

Carol 07432 624715

Tiny Tots Tues 10.15—11.30am

Allison 381330

Slimming World Thurs 7-8pm

Alex 01775 711462

Line Dancing Sat 11th July 7.30pm

Kim 07545 984406

Kick - Boxing Fri 5.15pm-6.15pm

5-12yrs £3.50 but 1st trial lesson FREE

kickboxing@cowbitvillage.co.uk

Village Draw Chris 381018

Bingo Fri 12th Jun 7.30pm

Fri 10th July 7.30pm

bookings@cowbitvillage.co.uk

www.cowbitvillage.co.uk



The Ladies Clubs meets every 3rd Wednesday of the month

at the Village Hall, from 7.30pm.

16th July - "Auctioneering" Talk by

Richard Frisby, Hix & Co

20th August - TBC

17th Sept - "Marzipan Animals" by

R Spencer

15th October - "Christmas Crackers"

Demonstration by Sandra Harrison

19th Nov - "A Visit from Unique Cottage

Studios" Talk and Demonstration

December - Christmas Luncheon Date

TBC

£15 per year or £2 per session.

For details please email

admin@cowbitvillage.co.uk

Community News

Alzheimer's Society

Leading the fight against dementia

Dementia charity appeals for volunteers in Spalding area to help with new service

A charity is appealing for volunteers in and around Spalding to help local people who have been diagnosed with dementia to pursue their favourite hobbies and interests.

Lincolnshire has been chosen as one of the areas to launch Alzheimer's Society's new Side by Side service, and they are keen to hear from anyone who is interested in supporting people with dementia.

There are thought to be 11,000 people living with dementia in Lincolnshire.

Gary Headland, Alzheimer's Society Side by Side Manager for Lincolnshire said: 'As a Side by Side volunteer, you would be helping a person with dementia to continue with a favourite hobby or interest, or even try something completely new.

'This could include anything from walking, visiting historic sites, playing an instrument, joining local groups, going to the cinema, carrying on with sports and leisure activities, or attending church, through to staying at home and talking. The focus of Side by Side is very much on what the person with dementia wants to do. There is also an option for telephone support, where a volunteer could chat to the person with dementia over the phone, if this is what they prefer. Volunteers will receive full training and ongoing support to help them in their role.'

'By enabling people with dementia to stay active and involved in their local community, we can really help improve their quality of life. We will initially be launching Side by Side in an area covering Boston, Sleaford and Spalding but we plan to roll out the service across the whole county in future months.'

Don't wait until a crisis. Being diagnosed with dementia won't make the condition worse but leaving it untreated will. We can't cure dementia, but we can help you keep the person you love for longer through vital support the NHS can offer. For further information about the symptoms of dementia and the support available, please visit [The Alzheimer's Society](http://www.alzheimers.org.uk)

www.alzheimers.org.uk



If you are interested in helping a person with dementia live a fuller life and want to find out more please contact

Gary Headland, Side by Side Manager

for Lincolnshire on

01522 692681 / 07718 322323 or

gary.headland@alzheimers.org.uk

Signs and symptoms of dementia

The following may be signs and symptoms of dementia. If you are concerned about themselves or someone else they should speak to their GP:

Struggling to remember recent events, although they can easily recall things that happened in the past

Finding it hard to follow conversations or programmes on TV or recognise people well known to them.

Frequently forgetting the names of friends or everyday objects

Frequently misplacing things in unusual places or being unable to locate things.

Difficulty recalling things they have heard, seen or read (this just repeats the same as the things above really!)

Repeating themselves or losing the thread of what they are saying

Having difficulty with common daily tasks either around or managing the home for example

Changes in behaviour out of keeping with their personality Having problems thinking and reasoning, especially solving problems

Feeling anxious, depressed for no apparent reason, or becoming more socially withdrawn

Finding that other people start to comment on their memory loss

Feeling confused or getting lost even when in a familiar environment

If you have concerns about Alzheimer's disease or about any other form of dementia, Alzheimer's Society National Dementia Helpline

0300 222 1122

can provide information, support, guidance and signposting to other appropriate organisations.

The Helpline is usually open from:

9am - 8pm Monday to Wednesday

9am - 5pm on Thursday and Friday

10am - 4pm on Saturday and Sunday

Callers speak to trained Helpline Advisers.

To include items in this magazine please contact Janet 01775 724929 or email grumpygrower@outlook.com



MOULTON MILL NEWS

www.moultonwindmill.co.uk

June Events

Sat & Sun 13-14th June - Teddy Parachuting
Weekend 10-4pm each day. Bring along your teddy or other cuddly toy, together with a parachute (a supermarket carrier bag will do) and watch as your teddy is thrown from the gallery of the mill. Charge per teddy.

Wed 17th June – “Miller for the Day” 10-3pm.
Experience first hand how to grind and produce flour. This is a hands on course so you need to be physically fit enough to climb, lift weights and bend in tight spaces. Course runs from 10am-3pm and includes a light lunch. Course places must be pre booked via the Mill Manager 07753 829706. Cost £40 per person.

Sun 21st June - Father's Day from 10am. Dad can have a free tour of the mill when accompanied by a fee paying child (£2) then treat him to a slice of cake or a cream tea in our tearoom. Last tour of the day at 3pm.

Wed 24th June - AGM of the Friends of Moulton Mill at 7.30pm at the mill.

July Events

Wed 1st July - “Miller for the Day” 10-3pm.
Experience first hand how to grind and produce flour. This is a hands on course so you need to be physically fit enough to climb, lift weights and bend in tight spaces. Course runs from 10am-3pm and includes a light lunch. Course places must be pre booked via the Mill Manager 07753 829706. Cost £40 per person.

Sat 4th July at 11am – we will be grinding at the mill.

Fri 24th July – Quiz Night at the mill from 7.30pm.

Mill Quilters The raffle drawn at the end of the Mill Quilters Exhibition at Moulton Mill on Sunday 26th April resulted in the following winners: 1st prize Novelty quilt - R. Wright. 2nd prize Applique quilt - Brenda. 3rd prize Scrappy quilt - S. Pearson. Hamper - J. Barrett. Toiletries – Bob Hall. Iron/Bag - Val Bagott. Table runner - Val Betts. *Thanks to all who participated.*

We would like to thank all those visitors who attended our 10 year celebration of the mill being open to the public. It was a very successful day.

QUIZ NIGHT

at

THE JOLLY FARMER.

MOULTON CHAPEL.
IN AID OF MOULTON CHAPEL
DEFIBRILLATOR FUND.

SUNDAY 7TH JUNE.

DOORS OPEN 7pm.

To Book a Table

Call Jolly Farmer 01406 380042.

Up to 6 people per team.

£2.50 per person.

RAFFLE.

Donations of prizes welcome.

*If you want to donate to
Defibrillator Fund.*

Call Paul on 01406 380689.

Around the villages

The **Moulton Chapel**
Methodist church stewards thank all
those who visited the village
churches Flower Festival & parade.

We had about 1,000 visitors to see the floral displays.

Our visitor book reflects the warm welcome they
received.



Policing Community

Panel

meeting is on the **1st June**
at **Moulton Chapel Village Hall,**
Woodgate Road. **At 7pm**

Please come along to the next panel meeting
where any issues affecting YOUR community
can be discussed.

Current neighbourhood priorities

LITTERING IN THE AREA.
ASB IN WESTON.



Coffee Break

Drive By Websites
Web & Graphic Design Solutions



facebook
Did you know...

| | | | | | | | |
|---|---|---|---|---|---|---|-----|
| | 3 | | 5 | | | 6 | 4 |
| | 9 | 1 | 2 | | | 7 | |
| 4 | | | 9 | | | | |
| 1 | 4 | | | | | | 6 |
| | | | | | | | |
| | 7 | | | | | | 5 8 |
| | | | | 1 | | | 3 |
| | | 7 | | 4 | 8 | 9 | |
| | 5 | 6 | | 9 | | 1 | |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| | 9 | | | | | | 3 |
| 2 | | | | 4 | | | 8 |
| 7 | | | 8 | | 6 | | 1 |
| | | 1 | | 7 | | 4 | |
| 6 | | | | | | | 5 |
| | | 3 | | 6 | | 1 | |
| 5 | | | 9 | | 4 | | 7 |
| 9 | | | | 8 | | | 6 |
| | 4 | | | | | | 2 |

Facebook has an estimated 1.2 Billion active users

To put that into perspective, there's about 7 billion people on Earth, so 17% of humans are on Facebook.

Overall there are 2.4 billion Internet users, which means 50% of all Internet users are on Facebook.

Finally, if your socks have not already been blown off, 48% of all Facebook users log in **every day!**

Very simply, Facebook is a **must have** for businesses. If you are looking for some ideas on how to reach larger audiences through Facebook then you should try a few tricks that we have come across during our time using Facebook for business.

These post options are ranked in order of importance:

6. Long Post
5. Short Post – below 250 words (60% more engagement)
4. Question Post (100% more engagement)
3. Image (120% more engagement)
2. Image Gallery/Album (180% more engagement)
1. Contests & Offers (Makes up 42% of all Facebook followers & fans!)
So there you go. If you are going to use Facebook for business then keep this information aside. If you are thinking of starting a contest or offer through Facebook then connect with us at /drivebywebsites & /SpaldingLinks and we will help share and promote your business with our local followers.



Drive By Websites
Web & Graphic Design Solutions

info@drivebywebsites.com
www.drivebywebsites.co.uk
01775 761512

Drive By Websites
Tel: 01775 761512
www.drivebywebsites.co.uk

Local Listings

Accountancy Services

Bulley Davey, Hol 01406 424017 Sp 0 1775 766633 Chartered cert, tax advisers, audit, a/cs, personal & business, rental accounts, capital gains. www.bulleydavey.co.uk

Building Services

Pyramid Home Improvements, 01406 373593 Extensions, garage/loft conversions, doors, windows, renewable energy, kitchens, bathrooms, conservatories, special local rates, free quote www.pyramid-spalding.co.uk

Childcare

Honeypot Day Nursery & Pre-School, 01406 380803 Day & out-of-school care 6wk-11 yrs

Curtains and Blinds

Bluebell Blinds, 01406 380482 07856 123414 Blinds, curtains, awnings, window film, repairs/cleaning, free friendly advice

Dressmaking & Dress Agency

Kathleen Cook, 01406 363752 Special occasion outfits made to order, alterations undertaken, quality new/once-worn prom, evening, wedding dresses, mother of the bride outfits, hats and accessories

Garden & Property Services

John Holland, 01775 720558 Tree, hedge garden services/maintenance, lawn cutting/care, rotovating, drives, patios, fences, weed control, fully insured

Reflections Exterior Cleaning, Exterior cleaning of windows, doors, conservatories, fascia, gutters. For a free quote 01406 371472/07545774126

General Store/Post Office Weston

Village Stores & Post Office, 01406 370744 Groceries, bread, milk, cakes, fruit & veg, off-licence, newspapers, magazines, ATM, greetings cards, newspaper/grocery delivery, National Lottery.

Funerals and Memorials

J.G.Cross 01733 211879, Monumental Masons, family run business, all types of memorials, added inscriptions, reservations. www.jgcross.co.uk

Health, Hair & Beauty Services

Becky Bowers, 07922 394108 Mobile hairdresser for local area Tue-Sat. Call for appointment/details.

Fresh Footsteps, Jean Pollard Foot Health Practitioner, 07443 590502 Professional, reliable foot care at home or work, late night Weds. Accredited & Regd. Find me on yell.com or www.freshfootsteps.co.uk

Monica Hastings - The Indian Beauty Company, Authentic Indian Threading 07943 503798 BBA BABTAC specialist in this ancient art (hair removal from face and/or body areas), email monica@theindianbeautycompany.co.uk

Locksmith Services

White Knight Locksmith, 01406 380380 07985 535208 (24hr) UPVC, wood, aluminium doors, vehicle entry, security advice www.whiteknightlocksmiths.co.uk

Pets & Animal Services

Barking Mad 01775 720382 Dogs looked after by local, caring hosts. Food, walks, medication maintained, your dog deserves a holiday too! www.barkingmad.uk.com/franchisees/Spalding-Lincolnshire. Why not become a host for Barking Mad? Call for more information!

Plumbing, Heating & Electrical

Pyramid Home Improvements, 01406 373593 All domestic/commercial plumbing & electrics carried out. Gas boiler installations, oil boiler servicing, repairs. Landlord safety certificates, GasSafe regd. Call now for free quotation

SA Electrical, (Wayne) 01406 371347 or 07921 928335 For all your domestic electrical needs.

Eco-Plumbing Ltd 07933 104331 Bathroom & kitchen installation, design to fully fitted & tiled. CH installation & oil boiler servicing. General plumbing maintenance and repairs.

Windows, Doors & Conservatories

Nick Gratton, 01406 425711 Repairs, spares, UPVC/aluminium windows/doors/panels, conservatories, replacement sealed units, single glazing, fittings, free quote.

Alan Frisby, 01775 766900 or 07939 569932 For windows, doors, conservatories, fascias, soffits and guttering. Extensions, kitchens and bathrooms. 40yrs experience, fully insured, 10yr guarantee.

**If you use an advertiser ,
please tell them you found
them here in the
Elloe Oracle thank you**



Citizens Advice
the charity for your community

www.shcab.org.uk
01775 717444
Council Offices,
Holland Rd, Spalding



Azalea Interiors

specializing in all aspects of
interior refurbishments:

- ◆ painting and decorating
- ◆ kitchens and bathrooms
- ◆ home digital integration
- ◆ planning and design

all work fully guaranteed

www.azaleainteriors.com

01775 760003

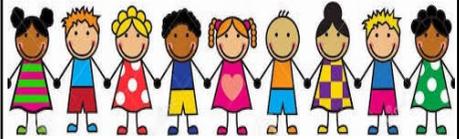
07771 676161



HoneyPot Day Nursery & Pre-School

www.honeypot.schooljotter.com

office@honeypotdaynursery.com



The Old Primary School
230 Broad Gate., Weston Hills,
Spalding, Lincs PE12 6DQ

01406 380803



Bluebell Blinds

Supply & Fit all Types of Blinds

- * Repair and Cleaning Services
- * Canopies and Patio Awnings
- * Window Films
- * Free Measuring, Fitting and Advice
- * Fast, Efficient and Friendly
- * Competitive Prices

GET THE BEST FOR LESS

01406 380482

07856 123414



MONUMENTAL MASONS

**Family Run Business
in the historic Town of Crowland**

All Types of Memorials

Added Inscriptions

Renovations

01733 211879

www.jgcross.co.uk

Go-Ride

SPALDING CYCLING CLUB

in association with British Cycling

If you are aged between 5-16 years and fancy trying something new, come and join **Go-Ride**.

Have fun and learn new bike handling skills.

For details of dates & times
www.spaldingcc.org.uk

SPALDING CC

Doodles

Pottery Painting

- * Pop into our Studio to Paint
- * Pottery Painting Parties & Events
- * Baby Hand & Footprint Mementos
- * Bespoke Personalised Celebration Plates

Doodles Pottery Painting

Pop in and paint at our studio in Spalding or provide your own venue & we'll come to you

Call Anna 07940 449424 or Lucy 07907 921108
 Email us mail@doodlecrafts.co.uk
 Facebook www.facebook.com/doodlecraftsceramics

Visit us at Unique Cottage Studios
 Fulney Lane, Spalding PE12 6FA
www.doodlecrafts.co.uk

THE
INDIAN BEAUTY
 COMPANY

Monica Hastings -
 The Indian Beauty Company
 Authentic Indian Threading
07943 503798
 BBA BABTAC specialist
 in this ancient art (hair removal
 from face and/or body areas),
 email monica@theindianbeautycompany.co.uk

SATURDAY 18TH JULY

At Springfields, Spalding

7pm to 11pm

BAKKAWOR

**PARTY IN THE
PARK**

with big firework finale

**ABBA GOLD &
RADIUS 45**

DENNIS HANNANT ALI JAY

Adults £5, Children £2 (u16s), Family £15 (2 adults, 3 children)

Bar and food available or bring your own picnic.

Under 18s must be accompanied by an adult.

Tickets on sale from South Holland Centre ticket agency, Spalding